WHO LABOUR CARE GUIDE

Name | Parity | Labour onset | Active labour diagnosis [Date]

Ruptured membranes [Date Time] Risk factors

			Time	:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
			Hours									10	11	1	1	2	3
			ALERT	ACTIVE FIRST STAGE											SECOND STAGE		
SUPPORTIVE CARE	Companion	N															
	Pain relief	N															
	Oral fluid	N															
	Posture	SP															
BABY	Baseline FHR	<110, ≥160															
	FHR deceleration	L															
	Amniotic fluid	M+++, B															
	Fetal position	P,T															
	Caput	+++															
	Moulding	+++															
WOMAN	Pulse	<60, ≥120															
	Systolic BP	<80, ≥140															
	Diastolic BP	≥90															
	Temperature °C	<35.0, ≥ 37.5															
	Urine	P++, A++															
LABOUR PROGRESS	Contractions per 10 min	≤2, >5															
	Duration of contractions	<20, >60															
	Cervix [Plot X]	10															
		9	≥ 2h														
		8	≥ 2.5h														
		7	≥ 3h														
		6	≥ 5h														
		5	≥ 6h														
	Descent [Plot O]	5															
		4															
		3															
		2															
		1															
		0															
MEDICATION	Oxytocin (U/L, drops/min)																
	Medicine																
	IV fluids																
DECISION-MAKING	ASSESSMENT																
SHARED	PLAN																
	INITIALS																

In active first stage, plot 'X' to record cervical dilatation. Alert triggered when lag time for current cervical dilatation is exceeded with no progress. In second stage, insert 'P' to indicate when pushing begins.

INSTRUCTIONS: CIRCLE ANY OBSERVATION MEETING THE CRITERIA IN THE 'ALERT' COLUMN, ALERT THE SENIOR MIDWIFE OR DOCTOR AND RECORD THE ASSESSMENT AND ACTION TAKEN. IF LABOUR EXTENDS BEYOND 12H, PLEASE CONTINUE ON A NEW LABOUR CARE GUIDE.

Abbreviations: **Y** - Yes, **N** - No, **D** - Declined, **U** - Unknown, **SP** – Supine, **MO** – Mobile, **E** - Early, **L** - Late, **V** - Variable, **I** - Intact, **C** - Clear, **M** - Meconium, **B** – Blood, **A** - Anterior, **P** - Posterior, **T** - Transverse, **P+** – Protein, **A+** – Acetone

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